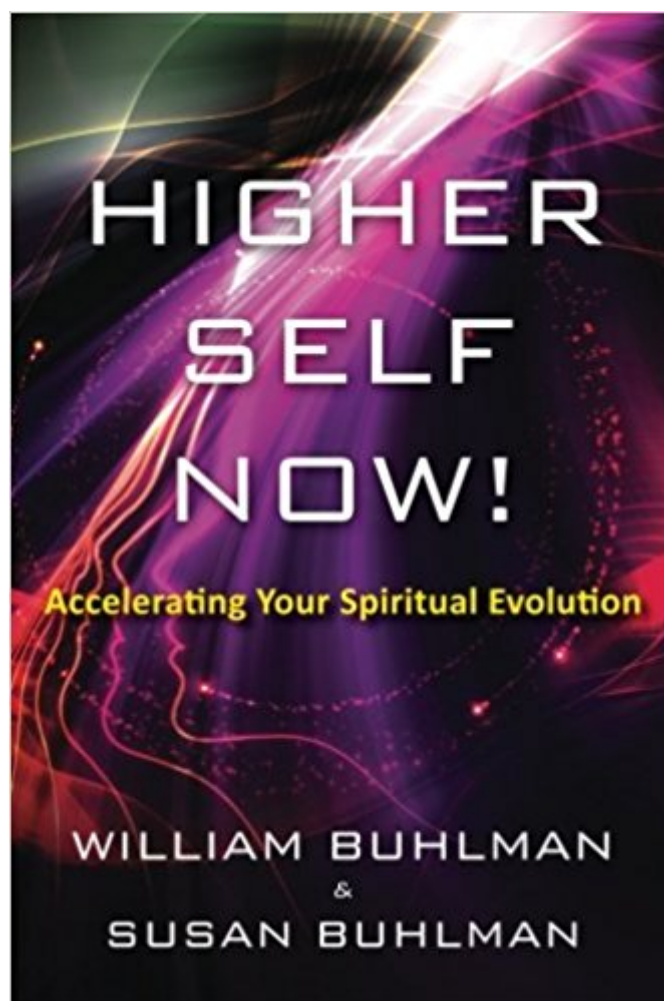


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# Higher Self Now!: Accelerating Your Spiritual Evolution



## Synopsis

Higher Self Now! is a powerful affirmation for immediate spiritual liberation; a modern guide book for personal transformation. Learn about the unseen nature of our existence, the continuing evolution of soul after death and how to navigate thought responsive realities. Develop your own Spiritual Directive as you discover the practices of an end-of-life coach. Through a variety of personal accounts and practical guidance, you can be prepared to assist your loved ones as they begin to transition from the physical world. Experience a variety of techniques that will clear the way for you to achieve escape velocity from the dimensions of density and form. Visit the author at [astralinfo.org](http://astralinfo.org). We are powerful, creative beings with the ability to shape and mold our current reality and influence our afterlife as well. Become knowledgeable about continuing spiritual evolution beyond matter to prepare for and enhance your spiritual journey. Your amazing adventure has just begun - become self-empowered today! William Buhlman, author of *Adventures beyond the Body*, teaches and conducts workshops at The Monroe Institute focusing on the exploration of consciousness, the afterlife, and profound spiritual awakening. Susan Buhlman is a certified end-of-life Doula, hospice volunteer, and bereavement support companion. Together they have written this compelling book that will not only encourage an environment of comfort and respect during the end-of-life experience, but direct the departing soul to reach their highest level of spiritual evolution as well. Visit the authors at [astralinfo.org](http://astralinfo.org).

## Book Information

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## Customer Reviews

William Buhlman's forty years of extensive personal out-of-body explorations give him a unique and thought provoking insight into the afterlife. His first book, *Adventures beyond the Body* chronicles his personal journey of self-discovery and provides the reader with the preparation and techniques that can be used for their own adventure. He conducts an in-depth six-day workshop titled, *Out-of-Body Exploration Intensive* at the renowned Monroe Institute in Virginia. As a certified hypnotherapist, William incorporates various methods, including hypnosis, visualization and meditation techniques in his workshops to explore the profound nature of out-of-body states of consciousness and the benefits of accelerated personal development. Through lectures, workshops and his books the author teaches the preparation and techniques of spiritual exploration. The author brings a refreshing look to how we can use the exploration of consciousness to explore our spiritual identity and enhance our intellectual and physical lives. William is best known for his ability to teach people how to have profound spiritual adventures through the use of out-of-body experiences and altered states of consciousness. In addition, he has developed an extensive series of audio programs that are designed to expand awareness and assist in the exploration and liberation of consciousness. William has appeared on numerous television, YouTube and radio shows worldwide. William's books are currently available in twelve languages. For more information visit the author's web site, [astralinfo.org](http://astralinfo.org). Susan Buhlman is a certified end-of-life doula and hospice worker. It is her passion and her soul's purpose to provide comfort to those who are actively dying. As a coach during bereavement workshops, she uses spiritual principles to lessen the burden of loss, leading the way toward a peaceful appreciation of the next conscious steps in our soul's journey. For more details visit [astralinfo.org](http://astralinfo.org).

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A wonderful book!! Mr. & Mrs. Buhlman are amazing people. This book has so much wonderful information. I can't wait to read it again.

Empower your spiritual being, *Higher Self Now* will teach you how to empower your spiritual being. A modern guide book to our afterlife journey.

Still reading, almost done, but an excellent addition to my Buhlman collection.

Very well written by people who have a great grasp of the subject matter.

Bought this book for my husband as a Christmas gift. He loves it!

As editor of this book, I was privileged to read it prior to publication. Immediately I recognized that this is a groundbreaking work that is sure to occupy a strong position in the metaphysical literature. It seamlessly and logically pronounces two seemingly different, unrelated worlds to be not only very much related but also (and more importantly) a continuum in which we have the power to be dynamic players. Part I takes William Buhlman's previous works to the next level; it is a perfect next step in his exploration of consciousness, the out-of-body experience, and life after death. Part 2, written by William's wife, Susan, elevates terminal care to a spiritual level never before explored to this extent. Higher Self Now! is a marriage of human spiritual development and the evolution of soul. It shines a new light on 'death' and elevates it to the incredible spiritual step that it truly is. If you think that spiritual development is an elusive, challenging task that you must master before you die, this book will shatter your paradigm and lead you to consider and embrace that each lifetime is a step in our ongoing journey of spiritual exploration that can bring us to release the human conditioning that binds us to the physical, and awaken us to the "shining light of pure spiritual awareness" that we truly are. This book is a must read for anyone who is on a serious spiritual quest.

Once again William does not fail to deliver a spiritual Masterpiece let him gently guide you home to heaven and the source of all life GOD !

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